

2024-2025

Texas 4-H Fashion Show Natural Fiber

General Rules and Guidelines

OVERVIEW

The 4-H Fashion Show is designed to recognize 4-H members who have completed a Fashion & Interior Design project. The following objectives are taught in the Fashion & Interior Design project: knowledge of fibers and fabrics, wardrobe selection, clothing construction, comparison shopping, fashion interpretation, understanding of style, good grooming, poise in front of others, and personal presentation skills. 4-H members participating in the Natural Fiber Contest are encouraged to study, promote, and use cotton, wool, and mohair—natural fibers produced in Texas.

PURPOSE

The Fashion Show Natural Fiber provides an opportunity for 4-H members

- Demonstrate knowledge Texas natural fibers (Wool/Mohair and Cotton)
- Demonstrate skills and knowledge of clothing construction and Consumerism
- Demonstrate poise and confidence
- Increase personal presentation skills

FASHION SHOW NATURAL FIBER

4-H members who have placed first in the district Natural Fiber Contest may enter the Natural Fiber Contest at Texas 4-H Roundup. District winners in the Fashion Show category in buying or construction division are no longer able to compete in the Natural Fiber Contest, unless they win the district Natural Fiber Contest. If a participant is a district Fashion Show buying or construction winner and a district Natural Fiber winner, they may compete in both contests.

TEXAS 4-H STATE FASHION SHOW NATURAL FIBER ELIGIBILITY REQUIREMENTS

The rules in this guide are for the Texas 4-H State Fashion Show held in conjunction with Texas 4-H Roundup. Please refer to county and district Fashion Show guidelines for information on those contests.

Failure to comply with the requirements will result in disqualification or penalty deductions from the final score.

1. **Age.** Age divisions are determined by a participant's age as of August 31 of the current 4-H year in accordance with what is stated in the current Texas 4-H Rules and Guidelines. Junior and Intermediate divisions will follow district Fashion Show Natural Fiber guidelines.

Senior Division: Grades 9 thru 12

2. **Participation.** Participants must complete a 4-H Fashion and Interior Design project between June 2024, and the district contest in the 2024-2025 4-H year. All

garments/ensembles to be judged must have been purchased (renting a garment is not allowed in the buying division) or constructed during participation in a 4-H Fashion & Interior Design project between June 2024, and the district contest in the 2024-2025 4-H year.

3. **Fashion Show Natural Fiber Categories.** The Natural Fiber Contest has two categories: cotton and wool/mohair. Entry in the Natural Fiber is done by completing the Natural Fiber Entry form. The entry worn at the district contest must be the one worn at the state contest. Accessories such as shoes, jewelry, hat, gloves, and scarfs may be changed, but changes must be included on the paperwork. No one may change categories between district and state contests.
4. **Fashion Show Natural Fiber can be constructed or purchased.** The garment selected can be constructed or purchased.
5. **Fiber Requirements.** Garments need to meet the specific requirements of either Wool/Mohair/Alpaca or Cotton.

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| Cotton | Each garment entered must contain a minimum of 60% cotton. |
| Wool/Mohair/Alpaca | Each garment entered must contain a minimum of: <ul style="list-style-type: none"> • 60% wool and 40% other fiber. • 60% mohair and 40% other fiber. • 60% blend of the two fibers and 40% other fiber. • 100% wool/mohair blend is also acceptable. |

Wool example 1: jacket and pants made of wool, but shirt or blouse does not need to be made of wool.

Wool example 2: a full-length coat made of eligible natural fabric worn over a garment of any fiber content.

Cotton example: denim jeans with a cotton blouse and jacket need to be made from fabric with a minimum of 60% cotton.

Lining fabric, interfacing fabric, and trims are not required to meet the fiber content requirements.

6. **Participation in Fashion Show activities during Texas 4-H Roundup.** Participants must attend all Texas 4-H Fashion Show activities, including the interview, dress rehearsal, and public Fashion Show, unless they have received prior approval from the contest superintendent. Fashion Show orientation will be held virtually. A link will be provided prior to the 4-H Roundup, and it is the responsibility of the participant to view the orientation. A complete schedule including fashion show practice, interview times and public fashion show will be distributed to all registered Fashion Show qualifiers after 4-H Roundup registration is complete.
7. **Fashion Show Registration and Paperwork.** 4-H Fashion Show Natural Fiber guidelines and entry forms can be found on the [Texas 4-H Fashion and Interior Design webpage](#).

Contestants qualifying for the State 4-H Fashion Show complete the required entry forms and register on Texas 4-H Online. Participants will upload their entry form during the registration process. If a participant is competing in construction or buying and natural fiber submit paperwork for both contests in one merged document.

8. **Alternates.** An alternate cannot participate in the state 4-H Fashion Show Natural Fiber unless approved by the district 4-H Specialist and contest superintendent is notified prior to Roundup registration closing. It is imperative that the contest superintendent be notified as soon as possible to update the interview schedule, program, and other changes.

JUDGING CRITERIA

Fashion Show Natural Fiber judging is based on the 2025 Fashion Show Natural Fiber Score Sheet. A panel of judges will evaluate and score the entries based on their Fashion Show paperwork and interviews.

Each garment category will be judged separately. A participant receives a 5-point deduction for not following all Fashion Show requirements, which includes not completing all forms or illegible or incorrect forms, missing orientation, and not turning in donor thank-you notes.

If ties should occur, the ties will be broken using partial scores in the following order.

1. Promotion of Natural Fiber sub-total score.
2. Knowledge of fiber characteristics and uses sub-total score.
3. Interview sub-total score.

TEXAS 4-H FASHION SHOW INTERVIEW PROCEDURE

1. Introduction/Presentation

Each contestant will start by introducing themselves and modeling their garment for the judges. Participants will then provide a 5-minute presentation to the judges.

During the presentation, the participants need to describe their project activities, outfit selection, construction or buying skills and their knowledge of fiber and fabrics. Prior to competing the participant should review the contest score sheet to see the areas that will be judged.

2. Question and Answer

Judges will have the opportunity to ask each participant questions from the list of contest questions as well as questions related directly to the participants garment or project experiences.

FASHION SHOW NATIONAL CONTEST OPPORTUNITY

The national contest for the Fashion Show is the 4-H FCS National Championship Fashion Revue, held in San Antonio. Texas can send up to six individuals to compete at this event. Participants will compete in categories such as buying, construction, or upcycling. All first-place winners in the buying, construction, and natural fiber categories will have the chance to vie for one of the six spots. Detailed guidelines for competing for a spot at the National 4-H Fashion Revue will be provided via email to participants before the Texas 4-H Roundup Fashion Show.

Once a 4-H member has competed in the 4-H FCS National Championship Fashion Revue, they are no longer eligible to compete in that same category again. For example, if a participant competes in the construction category, they cannot compete in any construction categories at Texas 4-H Roundup but may compete in the buying.

PRIOR COMPETITION GUIDELINES

Guidelines related to national contest advancement and prior competition rules can be found in the Texas 4-H Roundup Guide.