

2024-2025

Texas 4-H Fashion Show

General Rules and Guidelines

OVERVIEW

The 4-H Fashion Show is designed to showcase the work of 4-H members who have completed a Fashion and Interior Design project. The following objectives are included in the Fashion and Interior Design project: knowledge of fibers and fabrics, wardrobe selection, clothing construction, comparison shopping, fashion interpretation, understanding of style, good grooming, poise in front of others, and personal presentation skills.

PURPOSE

The Fashion Show provides an opportunity for 4-H members.

- Demonstrate skills and knowledge of clothing construction and consumerism.
- Demonstrate an understanding of fashion trends of young people.
- Design and create outfits for specific uses.
- Demonstrate poise and confidence.
- Increase personal presentation skills.

FASHION SHOW BUYING AND CONSTRUCTION

4-H Fashion Show is an optional activity. Senior 4-H members who have competed and won at the district Fashion Show can compete at the Fashion Show during Texas 4-H Roundup. Each district may send one senior level contestant from each of the four construction categories (Everyday Living, Refashion, Semi-formal to Formal, and Theatre/Costume) and one contestant from each of the four buying categories (Business/Interview, Fantastic Fashion under \$25, Semi-formal to Formal, and Special Interest) to the Texas 4-H Roundup Fashion Show.

PARTICIPANT RULES for TEXAS 4-H STATE FASHION SHOW

The rules in this guide are for the Texas 4-H State Fashion Show held in conjunction with the Texas 4-H Roundup. Please refer to county and district Fashion Show guidelines for information on those contests.

Failure to comply with the requirements will result in disqualification or penalty deductions from the final score.

1. **Age.** Age divisions are determined by a participant's age as of August 31 of the current 4-H year in accordance with what is stated in the current Texas 4-H Rules and Guidelines. Junior and Intermediate divisions will follow district Fashion Show guidelines.

Senior Division: Grades 9 thru 12

2. **Participation.** Participants must complete a 4-H Fashion and Interior Design project between June 2024, and the district contest in the 2024-2025 4-H year. All garments/ensembles to be judged must have been purchased (renting a garment is not allowed in the buying division) or

constructed during participation in a 4-H Fashion & Interior Design project between June 2024, and the district contest in the 2024-2025 4-H year.

3. **Fashion Show Construction & Buying Categories.** Fashion Show Construction categories include Everyday Living, Refashion, Semi-formal to Formal, and Theatre/Costume. Buying categories include Business/Interview, Fantastic Fashion under \$25, Semi-formal to Formal, and Special Interest. The 4-H member must select either construction or buying and then select a category. Participants must compete in the same category at the district and state level. The entry worn at district **must** be the entry at the state contest. Accessories such as shoes, jewelry, hat, gloves, and scarfs may be changed, but changes must be included on the paperwork. The appropriate garment category should be determined by the style, fabric, and use of the garment. No one may change divisions or categories between district and state contests.
4. **Participants may compete in Fashion Show Construction or Buying and Fashion Show Natural Fiber.** Participants may compete in a Fashion Show Buying or Construction category and in a Fashion Show Natural Fiber wool/mohair or cotton category at the Texas 4-H Roundup **if** they finished first at the district contest in their respective categories. Participants may enter the same garment, or they may enter different garments based on the individual category guidelines.
5. **Participation in Fashion Show activities during Texas 4-H Roundup.** Participants must attend all Texas 4-H Fashion Show activities, including the interview, dress rehearsal, and public Fashion Show, unless they have received prior approval from the contest superintendent. Fashion Show orientation will be held virtually. A link will be provided prior to the 4-H Roundup, and it is the responsibility of the participant to view the orientation. A complete schedule including fashion show practice, interview times and public fashion show will be distributed to all registered Fashion Show qualifiers after 4-H Roundup registration is complete.
6. **Fashion Show Registration and Paperwork.** 4-H Fashion Show guidelines and entry forms can be found on the [Texas 4-H Fashion and Interior Design webpage](#). Contestants qualifying for the State 4-H Fashion Show complete the required entry forms and register on Texas 4-H Online. Participants will upload their entry form during the registration process. If a participant is competing in construction or buying and natural fiber submit paperwork for both contests in one merged document.
7. **Alternates.** An alternate cannot participate in the state 4-H Fashion Show unless approved by the district 4-H Specialist and contest superintendent is notified prior to Roundup registration closing. It is imperative that the contest superintendent be notified as soon as possible to update the interview schedule, program, and other changes.

TEXAS 4-H FASHION SHOW INTERVIEW PROCEDURE

1. Introduction/Presentation

Each contestant will start by introducing themselves and model their garment for the judges. Participants will then provide a presentation less than 5 minutes to the judges. During the presentation, the participants need to describe their project activities, outfit selection,

construction or buying skills and their knowledge of fiber and fabrics. Prior to competing the participant should review the contest score sheet to see the areas that will be judged.

2. Question and Answer

Judges will have the opportunity to ask each participant questions from the list of contest questions as well as questions related directly to the participants garment or project experiences.

FASHION SHOW NATIONAL CONTEST OPPORTUNITY

The national contest for the Fashion Show is the 4-H FCS National Championship Fashion Revue, held in San Antonio, Texas can send up to six individuals to compete at this event. Participants will compete in categories such as buying, construction, or upcycling. All first-place winners in the buying, construction, and natural fiber categories will have the chance to vie for one of the six spots. Detailed guidelines for competing for a spot at the National 4-H Fashion Revue will be provided via email to participants before the Texas 4-H Roundup Fashion Show.

Once a 4-H member has competed in the 4-H FCS National Championship Fashion Revue, they are no longer eligible to compete in that same category again. For example, if a participant competes in the construction category, they cannot compete in any construction categories at Texas 4-H Roundup but may compete in the buying.

PRIOR COMPETITION GUIDELINES

Guidelines related to national contest advancement and prior competition rules can be found in the Texas 4-H Roundup Guide.

CONSTRUCTION



1. Garments may be constructed by sewing, knitting, or crocheting. Accessories may be purchased.
2. All garments worn (garments that are visible – i.e., blouse under jacket or vest) during the interview process must be constructed. Close-fitting legwear, tights, and pantyhose do not need to be constructed.
3. In Construction, first place winners may enter the same category in which they have previously been awarded a first-place entry at State, unless they have competed at the National Fashion Revue. See related rule in the 2025 4-H Roundup guide.

CATEGORY DESCRIPTION

Everyday Living	Includes casual sportswear, weekend-wear, sleepwear, clothing for school, casual after- school events, or hanging out with friends
Refashion	Refashion is an environmentally friendly category where old, worn out or damaged textile items are upcycled into something new. The result of modifying existing clothing or fabric item (such as tablecloth or curtain) into something more fashionable. Participants will use creativity and sewing skills to bring life to something that would have ended up in the landfill. The completed garment is different from its original use, not just an alteration. (Examples: neck ties sewn together to form a dress or taking old t-shirts and making them into a skirt)
Semi-formal to Formal	Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same. Semi-formal is a little less formal than formal black tie. <ul style="list-style-type: none">• Women – includes midi-dresses, maxi-dresses, wrap dresses, cocktail dresses, pantsuits, and jumpsuits.• Men – includes slacks and a blazer, a two-piece suit (with or without a tie), accessories that show personal style (pocket squares, dress watch, custom shoes). Formal -prom, evening wedding or gala party. <ul style="list-style-type: none">• Women – typically floor-length gown, a knee-length cocktail dress or classic little black dress.• Men – two or three-piece suit or tuxedo, with a shirt and tie.
Theatre/Costume	Garment intended for use as a costume, which would include stage production. May be sewn from fabric or using a base garment to build upon. These garments may be unusual or innovative materials; imaginative but wearable.

NECESSARY FORMS

The 2025 Texas 4-H Fashion Construction Entry Form is required for participants in the 2025 Texas 4-H Fashion Show.

JUDGING CRITERIA

Fashion Show construction judging is based on the 2025 Fashion Show Construction Score Sheet. A panel of judges will evaluate and score the entries based on their Fashion Show paperwork and interview.

Participants will provide a presentation up to 5 minutes in length. Each category will be judged separately. A participant receives a 5-point deduction for not following all Fashion Show requirements, which includes not completing all forms or illegible or incorrect forms.

If ties should occur, the ties will be broken using partial scores in the following order.

1. Construction skills
2. Interview
3. Knowledge of fiber and fabric characteristics
4. Paperwork

BUYING



1. All garments worn (garments that are visible – i.e., blouse under jacket or vest) during the interview process must be included in the buying worksheet.
2. In Buying, first place winners may enter the same category in which they have previously been awarded a first- place entry at State, unless they have competed at the National Fashion Revue. See related rule in the 2025 4-H Roundup guide.

CATEGORY DESCRIPTION

<p>Business/ Interview Attire</p>	<p>Entry should be an outfit you would wear for a job interview, scholarship interview, job fair, or other professional event.</p> <ol style="list-style-type: none"> 1. Professional – This is a more traditional, conservative approach (e.g., business suit or blazer, tie, and dress slacks for men, business suit, pantsuit, or jacket and dress for women). 2. Business Casual – This trend is more relaxed and comfortable but demonstrates good judgment in choices and displays a neat appearance (e.g., polo shirt, shirt with a collar or sweater, khakis or other slacks, dress or casual leather shoes, moderate length dress or skirt for women).
<p>Fantastic Fashions under \$25</p>	<p>This category is designed to expand the 4-H member's shopping experience to include different shopping venues. Outfits must be purchased at a garage sale, consignment store, Goodwill, Salvation Army, or other retail business. Receipts are required for everything that is visible during the interview, except shoes. Receipts for garage sales can be handwritten. This includes jewelry and accessories.</p>
<p>Semi-Formal to Formal</p>	<p>Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same.</p> <p>Semi-formal is a little less formal than formal black tie.</p> <ul style="list-style-type: none"> • Women – includes midi dresses, maxi-dresses, wrap dresses, cocktail dresses, pantsuits, and jumpsuits. • Men – includes slacks and a blazer, a two-piece suit (with or without a tie), accessories that show personal style (pocket squares, dress watch, custom shoes). <p>Formal -prom, evening wedding or gala party.</p> <ul style="list-style-type: none"> • Women – typically floor-length gown, a knee-length cocktail dress or classic little black dress. • Men – two or three-piece suit or tuxedo, with a shirt and tie.
<p>Special Interest</p>	<p>Entry should be a specific outfit that you NEED to know how to purchase wisely. Entry should be something that reflects a special interest of the participant, such as equestrian clothing and riding apparel, dance costumes, hiking clothing, or rock-climbing clothing.</p>

NECESSARY FORMS

The 2025 Texas 4-H Fashion Buying Entry Form is required for participants in the 2025 Texas 4-H Fashion Show.

JUDGING CRITERIA

Fashion Show buying judging is based on the 2025 Fashion Show Buying Score Sheet. A panel of judges will evaluate and score the entries based on their Fashion Show paperwork, presentation and interviews.

Participants will provide a presentation up to 5 minutes in length. Each category will be judged separately. A participant receives a 5-point deduction for not following all Fashion Show requirements, which includes not completing all forms or illegible or incorrect forms, missing orientation.

If ties should occur, the ties will be broken using partial scores in the following order.

1. Consumer buying skills
2. Interview
3. Knowledge of fiber and fabric characteristics
4. Paperwork